

Ramona USD | 6000 | BP 6142.1 Instruction

Family Life/Sex Education

The Governing Board recognizes the need for a strong family institution in which members can live together in dignity and respect for themselves and each other. Therefore, the family is a fundamental element to any family life and sex education program.

Maintaining a strong family institution involves a cycle in which the children are provided with appropriate and timely information regarding sexuality. The Board recognizes that the parents/guardians are the first teachers in this learning cycle.

The Board recognizes that lack of information or misinformation about family life and human sexuality may contribute to an increased risk for sexually transmitted diseases, unintended pregnancy or sterility. The Board believes that a well-planned sequence of instruction on these issues is essential to the general education of all students. The district's curriculum shall help students understand the biological, psychological, social, moral and ethical aspects of human sexuality and shall comply with the requirements of law and administrative regulation.

(cf. 5141.25 - Availability of Condoms)

(cf. 5146 - Married/Pregnant/Parenting Students)

(cf. 6142.2 - AIDS Prevention Instruction)

(cf. 6142.8 - Comprehensive Health Education)

(cf. 6143 - Courses of Study)

Throughout the curriculum when discussions or materials involve human sexuality and reproduction, emphasis is to be placed on teaching honor and respect for monogamous and heterosexual marriage.

The Superintendent or designee shall ensure that parents/guardians are notified regarding this curriculum in accordance with law and administrative regulation.

Legal Reference:

EDUCATION CODE

48980 Notice at beginning of term

51202 Instruction in personal and public health and safety

51240 Excuse from health instruction and family life and sex education due to religious beliefs

51550 Sex education courses

51553 Sex education

51820 Venereal disease instruction; written notification to parent; inspection of instructional material;

consensual pupil participation

HEALTH AND SAFETY CODE

1255.7 Parents surrendering physical custody of a baby

PENAL CODE

243.4 Sexual battery

261.5 Unlawful sexual intercourse

271.5 Parents voluntarily surrendering custody of a baby

PUBLIC LAW 107-110

9526 Sex education

Management Resources:

CDE PUBLICATIONS

Family Life/Sex Education Guidelines, California State Department of Education, 1987

WEB SITES

CDE: <http://www.cde.ca.gov>

California Department of Health Services: <http://www.dhs.ca.gov>

California Department of Social Services: <http://www.dss.cahwnet.gov>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

California Healthy Kids Resource Center: <http://www.hkresources.org>

Policy RAMONA UNIFIED SCHOOL DISTRICT

adopted: October 12, 2004 Ramona, California

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Family Life/Sex Education

Course Material/Instruction

In all sex education courses that discuss sexual intercourse, course material and instruction shall:
(Education Code 51553)

1. Emphasize that abstinence from sexual intercourse is the only protection that is 100% effective against unwanted teenage pregnancy, sexually transmitted diseases and acquired immune deficiency syndrome (AIDS) when transmitted sexually.

(cf. 5146 - Married/Pregnant/Parenting Students)

(cf. 6142.2 - AIDS Prevention Instruction)

2. Be age appropriate. [It is suggested that elementary instruction will be by separate gender and, if possible, taught by teachers of the same sex.]

3. Present factual information, including but not limited to medical, psychiatric, psychological, empirical and statistical statements, that is medically accurate.

Medically accurate means verified or supported by research conducted in compliance with scientific methods and published in peer-review journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field, such as the Centers for Disease Control and Prevention.

4. When discussing contraception, stress that abstinence is the only contraceptive method which is 100% effective, and that all other methods of contraception carry a risk of failure in preventing unwanted teenage pregnancy. Statistics based on the latest medical information shall be provided to students citing the failure and success rate of condoms and other contraceptives in preventing pregnancy.

5. Stress that sexually transmitted diseases are serious possible hazards of sexual intercourse. Students shall be provided with statistics based on the latest medical information citing the failure and success rates of condoms in preventing AIDS and other sexually transmitted diseases.

6. Include a discussion of the possible emotional and psychological consequences of preadolescent and adolescent sexual intercourse outside of marriage and the consequences of unwanted adolescent pregnancy.

7. Stress that students should abstain from sexual intercourse until they are ready for marriage.

8. Advise students of the laws pertaining to their financial responsibility to children born in and out of wedlock.

9. Advise students of the provisions of Health and Safety Code 1255.7 and Penal Code 271.5, relating to parents and others who voluntarily surrender physical custody of a minor child 72 hours old or younger at a hospital emergency room or other designated location without being subject to prosecution for a violation of certain crimes such as child abandonment.

10. Advise students that it is unlawful pursuant to Penal Code 261.5 for males or females of any age to have sexual intercourse with males or females under the age of 18 to whom they are not married.

11. Emphasize that students have the power to control personal behavior. Students shall be encouraged to base their actions on reasoning, self-discipline, sense of responsibility, self-control, and ethical considerations such as respect for one's self and others.

12. Teach students to not make unwanted physical and verbal sexual advances and how to say "no" to unwanted sexual advances. Information shall be provided about verbal, physical and visual sexual assault, including but not limited to nonconsensual sexual advances, nonconsensual physical sexual contact, and rape by an acquaintance, commonly referred to as "date rape." This course material and instruction shall contain methods of preventing sexual assault by an acquaintance, including exercising good judgment and avoiding behavior that impairs good judgment, and shall also encourage youth to resist negative peer pressure. This course material and instruction also shall inform students of the potential legal consequences of sexual assault by an acquaintance. Specifically, students shall be advised that it is unlawful to touch an intimate part of another person, as specified Penal Code 243.4(d).

(cf. 5145.7 - Sexual Harassment)

13. Be free of racial, ethnic and gender biases.

14. Teach students that it is wrong to take advantage of, or to exploit, another person.

At the secondary level, the family life/sex education program shall be placed in a course that is required for all students.

(cf. 6143 - Courses of Study)

Teachers who provide instruction in family life/sex education shall have professional preparation, either preservice or inservice, in the subject area.

(cf. 4131 - Staff Development)

Course Content

The course content in the Family Life/Sex Education instruction is as follows:

Grade K-4

* Personal Hygiene

* Saying 'no' to strangers

Grade 5

* Male and Female Reproductive System

* Personal Hygiene

Grade 6

- * Adolescence

- * Male and Female Reproductive System

- * Human Reproduction

- * Sexually Transmitted Diseases

Grade 7-8

- * Human Reproduction

- * Prenatal Care

- * Effects of Alcohol, Tobacco, and Other Drugs on Developing Babies and Children

- * HIV/AIDS Infection and Prevention

Grade 9-12

- * Friendship and Relationships

- * Factors and Consequences of Adolescent Sexual Activity

- * Decision Making

- * Sexually Transmitted Diseases

- * Adolescence and Assertiveness

- * The Family Unit

- * Sex Roles

- * Anatomy and Physiology

- * Genetics

- * Sexual Assault/Victim/Child Abuse

Evaluation

The Superintendent or designee shall ensure that family life/sex education materials and instruction are continuously evaluated in light of information received from students, parents/guardians, and teachers or when new research becomes available. Such information may indicate what students learned, whether the program was workable for the teachers, and how the program could be improved.

Parent/Guardian Notification

At the beginning of the school year, parents/guardians shall be notified in writing about any instruction in which human reproductive organs and their functions, processes, or sexually transmitted diseases are described, illustrated, or discussed. In addition, before any instruction on family life, human sexuality, AIDS or sexually transmitted diseases is given, the parent/guardian shall be provided with written notice explaining that the instruction will be given and stating the parents/guardian's right to request a copy of Education Code 51201.5 and 51553. This notification shall inform parents/guardians that they may request in writing that their child not attend the class. No student shall attend such instruction if the school receives this request. (Education Code 48980, 51201.5, 51550, 51555)

(cf. 5145.6 - Parental Notifications)

At the parent/guardian's request, any student may be excused from any part of family life/sex education instruction. (Education Code 51240)

For grades K-8, a signed permission form must be received before the student receives the instruction. Upon written request, the student will be excused from all or part of the family life/sex instruction and alternative study arrangements will be made with no penalty.

For grades 9-12, parents or guardians will be notified by mail and may request in writing that their student not attend the instruction. Upon written request, the student will be excused from all or part of the family life/sex instruction and alternative study arrangements will be made with no penalty.

The Superintendent or designee shall keep on file Education Code 51201.5, 51553, 51554, and 51555. (Education Code 51201.5, 51554, 51555)

At the beginning of the school year, or at the time of a student's enrollment, the Superintendent or designee shall notify parents/guardians of any outside organization or guest speaker brought into the district to provide instruction on family life, human sexuality, AIDS or sexually transmitted diseases. This notification shall include the date of the instruction, the name of the organization or affiliation of each guest speaker and information regarding the parent/guardian's right to request a copy of Education Code 51201.5 and 51553. (Education Code 51554)

If arrangements for this instruction are made after the beginning of the school year, the parents/guardians shall be notified no fewer than 10, and no more than 15, days before the instruction is delivered. (Education Code 51554)

This notification is required whether the guest speakers are brought in by the district to lecture, distribute information, show a videotape, act out, conduct an activity involving student participation or provide audio material in either a classroom or assembly. (Education Code 51554)

Parents/guardians shall also be notified in the manner described above prior to any instruction on family life, human sexuality, AIDS or sexually transmitted diseases at an assembly conducted by a district employee. (Education Code 51554)

(cf. 6144 - Controversial Issues)

All materials used for the above instruction shall be available for inspection by parents/guardians at reasonable times and places prior to the onset of instruction. The above notification shall inform parents/guardians of their right to inspect these materials. (Education Code 51550, 51820)

During the period of time that instruction described above is being delivered, the district shall make available an alternative educational activity to those students whose parents/guardians have requested that they not receive the instruction. (Education Code 51554)

A student shall not be subject to disciplinary action, academic penalty or other sanction if the student's parent/guardian declines to permit the student to receive the instruction. (Education Code 51554)

Regulation RAMONA UNIFIED SCHOOL DISTRICT

approved: October 12, 2004 Ramona, California