Exhibit F

UNCLASSIFIED / FOR PUBLIC RELEASE

TOT. 251609% JUL 02

DIRECTOR

3 # C-R-6 F

2515092 DIRECTOR

TEXT:

- ACTION REQUIRED: THIS CABLE PROVIDES FORMAL AUTHORIZATION TO PROCEED WITH PORTIONS OF THE HEXT PHASE OF THE INTERROGATION OF ABU ZUBAYDAH. FORMAL APPROVAL FOR THE HEMAINDE. WILL FOLLOW ONCE WE HAVE RECEIVED APPROVAL FROM THE JUSTICE DEPARTMENT. HOS DEFENS TO AB TO WHETHER TO PROCEED WITH THE PARTIAL IMPLEMENTATION OF THE HEXT PHASE AT THIS TIME OR TO AWAIT FINAL JUSTICE DEPARTMENT APPROVAL FOR THE REMAINDER OF THE TECHNIQUES.
- 2. SACKGROUND. CLA PLANS TO IMPLEMENT MORE AGGRESSIVE TEXTHIDUES IN OUR INTERROGATION OF ([ABG ZUBAYDAH)], IN ORDER TO OBTAIN ACTIONABLE INTELLIGENCE ABOUT AL-QATIDA OPERATIVES IN THE

LINCLASSIFIED / FOR PUBLIC RELEASE

UNITED STATES AND PLANNED AL-QA'IDA LETHAL ATTACKS AGAINST U.S. CITIZENS AND U.S. INTERESTS. THE INTERROGATION TEAM HAS CONCLUDED THAT ABU ZUBAYDAH CONTINUES TO WITHHOLD CRITICAL THREAT INFORMATION, INCLUDING THE IDENTITIES OF AL-QA'IDA OPERATIVES IN THE UNITED STATES; THAT IN ORDER TO PERSUADE HIM TO PROVIDE THOSE TORNITITIES, THE USE OF MORE AGGRESSIVE TECHNIQUES IS REQUIRED; AND THAT THE USE OF THOSE TECHNIQUES WILL NOT ENGENDER LASTING AND SEVERE MENTAL OR PHYSICAL HARM.

- -- SOME OF THESE TECHNIQUES INCORPORATE MILD PHYSICAL PRESSURE, WHILE OTHERS MAY PLACE ABU ZUBAYDAH IN FEAR FOR HIS LIFE. IT IS NOT INTENDED, HOWEVER, THAT ABU ZUBAYDAH ACTUALLY SUFFER SEVERE PHYSICAL OR MENTAL PAIN; IN ADDITION, APPROPRIATE Y TRAINED MEDICAL PERSONNEL WILL BE PRESENT THROUGHOUT THE PROCESS.
- THE USG STAFF EMPLOYEES ENGAGED IN THE INTERROGATION OF ABU ZUBAYDAN ARE COMPLEMENTED BY EXPERT PERSONNEL RETAINED ON CONTRACT WHO POSSESS EXTENSIVE EXPERIENCE, GAINED WITHIN THE DEPARTMENT OF DEFFENSE. ON THE PSYCHOLOGICAL AND PHYSICAL METHOD. OF INTERROGATION AND THE RESISTANCE TECHNIQUES EMPLOYED AS COUNTERMEASURES TO SUCH INTERROGATION.
- ALTHORISH THE INTERROGATION PROCESS MAS PRODUCED A LIMITED AMOUNT OF SUCCESS TO DATE. ABU ZUBAYDAR REMAINS ADROIT AT APPLYING A HOST OF RESISTANCE TECHNIQUES. HE IS THE AUTHOR OF A SEMINAU ALL QA'IDA MANUAL ON RESISTANCE TO INTERPOGATION METHODS. AND THI AGENCY ASSESSES HE CONTINUES TO MITCHOLD CRITICAL, ACTIONABLE INFORMATION ABOUT THE IDENTITIES OF AL-QA'IDA PERSONNEL DISPATCHED TO THE UNITED STATES AND ABOUT PLANNED AL-QA'IDA TERRORIST ATTACKS. SIMPLY STATED, COUNTLESS MORE AMERICANS MAY DIE UNLESS WE CAN PERSUADE AZ TO TRUE US WHAT HE KNOWS.
- OUR ATTORNEYS HAVE PRESENTED THESE DETERMINATIONS AND OUR LEGAL ANALYSIS TO THE LEGAL ADVISER TO THE NSC. TO THE OFFICE OF LEGAL COUNSEL AT THE DEPARTMENT OF JUSTICE. AND TO THE CRIMINAL DIVISION AT JUSTICE. THE CHIEF OF STAFF TO FUI DIRECTOR MUMILIES ALSO HAS PARTICIPATED IN THESE DISCUSSIONS, AND THE COUNSEL TO THE PRESIDENT HAN BEEN BRIEFED AS WELL.
-). DISCUSSION. WE HAVE SECURED FORMAL APPROVAL FROM THE ACTING GENERAL COUNSEL TO EMPLOY THE CONFINEMENT BOX, AS DESCRIFED IN REF, IN THE COURSE OF THE INTERROGATION OF ABU RUBAYDAR. WE ALSO HAVE SECURED FORMAL APPROVAL FROM THE ATTURNEY GENERAL TO EMPLOY THE FOLLOWING TECHNIQUES, WHICH ARE MORE FULLY DESCRIBED IN PARAGRAPH 5 BELOW: THE ATTENTION GRASP: WALLING: FACIAL HOLD: FACIAL SLAP (INSULT SLAP), CRAMPED CONFINEMENT; WALL STANDING: STRESS POSITIONS, SLEEP PEPRIVATION: USE OF DIAPERS; AND USE OF HARMLESS INSECTS. WE NOTE THAT THESE TECHNIQUES ARE USED ON 0.000 MILITARY PERSONNEL DURING SERE TRAINING (WITH THE EXCEPTION OF DIAPERS AND REAL INSECTS -- ALTHOUGH SERE TRAINING DOES MAKE USE OF SIMULATED SNAKES, INSECTS, ST CETERA, AS WELL AS FORCED

UNCLASSIFIED / FOR PUBLIC RELEASE

CROSS DRESSING). A MEDICAL EXPERT WITH SERE EXPERIENCE WILL BE PRESENT THROUGHOUT THE IMPLEMENTATION OF THESE PROCEDURES. PER THE SERE PSYCHOLOGISTS, THE ANTICIPATION OF THESE TECHNIQUES IS OFTEN WORSE THEN THE ACTIONS THEMSELVES.

- 4. PLEASE NOTE THAT WE STILL ARE AWAITING FINAL JUSTICE DEPARTMENT APPROVAL FOR THE USE OF THE WATER BOARD AND/OR THE USE OF MOCK BURIAL AS PART OF A THREAT AND RESCUE SCENARIO. WE DEFOR TO AS TO WHETHER TO AWAIT THAT APPROVAL BEFORE COMMENCING THE WEXT PHASE OF THE INTERROGATION.
- 5. IN ADDITION TO THE CONFINEMENT BOX DESCRIBED IN REP. THE INTERROGATION TEAM IS AUTHORIZED TO EMPLOY ANY OR ALL OF THE FOLLOWING TECHNIQUES:
- ATTENTION GRASP: IN A CONTROLLED AND QUICK MOTION, GRASP-THE INDIVIDUAL WITH BOTH HANDS, ONE ON SACH SIDE OF THE COLLAR OPENING. IN THE SAME MOTION, DRAW THE INDIVIDUAL TOWARD YOU.
- CONSTRUCTED FLEXIBLE WALL. THE INDIVIDUAL'S HEELS TOUCH THE WALL.
 THE INDIVIDUAL IS PULLED FORWARD AND THEN QUICKLY AND FIRMLY
 PUBHED INTO THE WALL. THE HEAD AND NECK ARE SUPPORTED WITH A
 ROLLED HOOD OR TOWEL THAT PROVIDES A I-COLLAR EFFECT TO HELP
 PREVENT WHIPLASH. CONTACT WITH THE WALL IS MADE WITH THE
 INDIVIDUAL'S SHOULDER BLADES. TO REDUKE THE PROBABILITY OF
 INJURY, THE INDIVIDUAL IS ALLOWED TO REBOUND FROM THE WALL.
- -- FACIAL HOLD: ONE OPEN PALM IS PLACED ON EITHER SIDE OF THE INDIVIDUAL'S FACE, FINGERTIPS WELL AWAY FROM THE INDIVIDUAL'S EYES. THE GOAL IS TO HOLD THE HEAD IMMOBILE.
- FACTAL SLAP (INSULT SLAP): THE SLAP IS DELIVERED WITH PINGERS SLIGHTLY SPREAD. CONTACT SHOULD BE MADE WITH THE AREA DIRECTLY BETWEEN THE TIP OF THE CHIN AND THE BOTTON OF THE CORRESPONDING MARKOBE. THE GOAL OF THE FACTAL SLAP IS TO INDUCT SHOCK AND SUPPRISE, NOT SEVERE OR LASTING PAIN.
- SPACES FOR UP TO 18 HOURS, AND SWALLER CONFINEMENT HOURS.
- THE INDIVIDUAL STANDS APPROXIMATELY 4 OR 5 FEET FROM A WALL, WITH HIS FEET SPREAD APPROXIMATELY SHOULDER WIDTH WITH ARMS OUT STRETCHED IN FRONT, FINGERS RESTING ON THE WALL SUPPORTING BODY WEIGHT. INDIVIDUALS ARE NOT ALLOWED TO MOVE OR REPOSITION THEIR FEET OR HANDS.

UNCLASSIFIED / FOR PUBLIC RELEASE

- -- STRESS POSITIONS: A VARIETY OF STRESS POSITIONS ARE POSSIBLE. THEY FOCUS ON PRODUCING MILD PHYSICAL DISCOMFORT FROM PROLONGED MUSCLE USE, RATHER THAN PAIN ASSOCIATED WITH CONTORTIONS OR TWISTING OF THE BODY. THE TWO DISCUSSED WERK (1) ABU XURAYDAY. SITTING ON THE FLOOR WITH LEGS EXTENDED STRAIGHT OUT IN FRONT OF HIS WITH HIS ARMS RAISED ABOVE HIS HEAD; AND (2) HAVING ABU ZUBAYDAH KNEEL ON THE FLOOR AND LEAN BACK AT A 45 DEGREE ANGLE.
- -- SLEEP DEPRIVATION: PREVENTING SLEEP IS INTENDED TO HAVE THE EFFECT OF REDUCING ABULZUBAYDAH'S ABILITY TO THINK ON HIS FEET AND TO MOTIVATE HIM TO COOPERATE BECAUSE OF THE DISCOMPORT ASSOCIATED WITH THE LACK OF SLEEP. FOR MOST PEOPLE, THE SFFECTS OF SLEEP DEPRIVATION REMIT AFTER ONE OR TWO NIGHTS OF UNINTERRUPTED SLEEP. IN HARE CIRCUMSTANCES, INDIVIDUALS PREDISPOSED TO PSYCHOLOGICAL PROBLEMS MAY DISPLAY ASPEAUTIONS. BYTTHESE TOO GENERALLY REMIT AFTER THE INDIVIDUAL SLEEPS. THE RECORD (GUINNESS BOOK OF WORLD RECORDS) FOR VOLUNTARY SLEEP DEPRIVATION IS 205 HOURS WITH THE SUBJECT SHOWING NO SIGNIFICANT PSYCHOLOGICAL PROBLEMS AND QUICK RECOVERY AFTER ONE OR TWO DAYS OF SLEEP
- -- USE OF DIAPERS: ABU ZUBAYDAH APPEARS TO BE VERY
 PASTIDIOUS. HE SPENDS MUCH TIME CLEANING HIMSELF AND SEEMS TO COUT OF HIS WAY TO AVOID CIRCUMSTANCES LIKELY TO BRING HIM IN
 CONTACT WITH POTENTIALLY UNCLEAN OBJECTS OF MATERIAL. HE IS VER'
 SENSITIVE TO SITUATIONS THAT REFLECT A LOSS OF STATUS OR ARE
 POTENTIALLY HUMILIATING. ONE WAY TO LEVERAGE HIS CONCERNS, WHILL
 HELPING ENSURE HIS WOUND DOES NOT BECOME INFECTED WITH HUMAN WASTE
 WHEN IN CRAMPED CONFINEMENT IS TO PLACE HIM IN AN ADULT DIAPER.
 IF SOILED, CARE WOULD HAVE TO BE TAKEN TO KEEP HUMAN WASTE OUT OF
- -- INRECTS: ARC RUBAYDAH APPEARS TO HAVE A FEAR OF INSECTS.
 ONE POSSIBILITY IS TO THREATEN TO PLACE STINGING INSECTS INTO THE
 CRAMPED CONFINEMENT BOX WITH HIM, BUT INSTEAD PLACE HARMLESS
 INSECTS. THE PURPOSE OF THIS WOULD BE TO PLAY OFF HIS FEARS AND
 INCREASE HIS SENSE OF DREAD AND MOTIVATE HIM TO AVOID THE BOX IN
 THE FUTURE BY COOPERATING WITH THE INTERPOSATOR'S REQUESTS.
- O. WE WILL ADVISE BY IMMEDIATE PRECEDENCE ONCE WE HAVE A FINAL DETERMINATION OF THE WAYER BOARD AND/OR THE MOCK BURIAL SCIENARIO. BEST REGARDS AND GOOD LUCK.

UNCLASSIFIED / FOR PUBLIC RELEASE

END OF MESSAGE